# RECTIFIABILITY OF MEASURES WITH BOUNDED RIESZ TRANSFORM OPERATOR: FROM SINGULAR OPERATORS TO GEOMETRIC MEASURE THEORY 

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1. Lecture 8: The estimate from below for each flat LAYER CONTRIBUTION AND THE END OF THE PROOF OF David-Semmes conjecture in co-dimension 1

Recall that we claimed to have built the following vector function $\psi$ with the following properties, where $\left(R^{H}\right)^{*}(\psi m)=\left\langle R^{H}, \psi m\right\rangle=\eta$ and all claims below are satisfied $\left(m:=m_{d+1}\right)$ :

- $\psi=\sum_{P^{\prime} \in \mathfrak{F}^{\prime}} \psi_{P^{\prime}}, \operatorname{supp} \psi \subset S, \operatorname{dist}(\operatorname{supp} \psi, L) \geqslant \Delta \ell(Q)=$ $\varepsilon^{3} \ell(Q)$.
- $\psi_{P^{\prime}}$ is supported in the $2 \ell\left(P^{\prime}\right)$-neighborhood of $P^{\prime}$ and satisfies

$$
\int \psi_{P^{\prime}}=0, \quad\left\|\psi_{P^{\prime}}\right\|_{L^{\infty}} \leqslant \frac{C}{\delta \ell\left(P^{\prime}\right)}, \quad\left\|\psi_{P^{\prime}}\right\|_{\operatorname{Lip}} \leqslant \frac{C}{\delta^{2} \ell\left(P^{\prime}\right)^{2}} .
$$

- $\int|\psi| d m \leqslant C \delta^{-1} \mu(Q)$.
- $\left(R^{H}\right)^{*}(\psi m)=\eta$.
- $\left\|T^{*}(\psi m)\right\|_{L^{\infty}(\operatorname{supp} \nu)} \leqslant C \alpha \delta^{-2} \varepsilon^{-3 d-3}$.
- $\left\|\widetilde{R}^{H}(|\psi| m)\right\|_{L^{2}(\nu)} \leqslant C \delta^{-1} \sqrt{\mu(Q)}$.

Let us prove some of these claims. First,

$$
\begin{aligned}
\int|\psi| d m= & \sum_{P^{\prime} \in \mathfrak{F}^{\prime}} \int\left|\psi_{P^{\prime}}\right| d m \leqslant C \sum_{P^{\prime} \in \mathfrak{P}^{\prime}}\left[\delta \ell\left(P^{\prime}\right)\right]^{-1} m\left(B\left(z_{P^{\prime}}, 6 \ell\left(P^{\prime}\right)\right)\right) \\
& \leqslant C \delta^{-1} \sum_{P^{\prime} \in \mathfrak{F}^{\prime}} \ell\left(P^{\prime}\right)^{d} \leqslant C \delta^{-1} \sum_{P^{\prime} \in \mathfrak{F}^{\prime}} \mu\left(P^{\prime}\right) \leqslant C \delta^{-1} \mu(Q) .
\end{aligned}
$$

[^0]To get the uniform estimate for $T^{*}(\psi m)$, note that

$$
\begin{gathered}
\left|\left[T^{*}\left(\psi_{P^{\prime}} m\right)\right](x)\right|=\left|\int\left\langle R^{H}\left(x^{*}-\cdot\right), \psi_{P^{\prime}}\right\rangle d m\right| \leqslant C \delta^{-1}\left\|R^{H}\left(x^{*}-\cdot\right)\right\|_{\operatorname{Lip}(S)} \\
\cdot \ell\left(P^{\prime}\right)^{d+1} \leqslant C \delta^{-1} \Delta^{-d-1} \frac{\ell\left(P^{\prime}\right)^{d+1}}{\ell(Q)^{d+1}} \leqslant C \alpha \delta^{-2} \Delta^{-d-1} \frac{\mu\left(P^{\prime}\right)}{\mu(Q)}
\end{gathered}
$$

for every $x \in \operatorname{supp} \nu$ (we remind the reader that $\ell\left(P^{\prime}\right) \leqslant 2 \alpha \delta^{-1} \ell(Q)$ ).
Adding up and recalling our choice $\Delta=\varepsilon^{3}$ :

$$
\left\|T^{*} \psi\right\|_{L^{\infty}(\operatorname{supp} \nu)} \leqslant C \alpha \delta^{-2} \varepsilon^{-3 d-3} \sum_{P^{\prime} \in \mathfrak{P}^{\prime}} \frac{\mu\left(P^{\prime}\right)}{\mu(Q)} \leqslant C \alpha \delta^{-2} \varepsilon^{-3 d-3} .
$$

The bound of $\left\|\widetilde{R}^{H}(|\psi| d m)\right\|_{L^{2}(\nu)}$. First we estimate $\left\|\widetilde{R}^{H}(|\psi| d m)\right\|_{L^{2}\left(\mu_{Q}\right)}$. And then use our transfer estimates modifying the measure $\mu$ to $\nu$ as it has been already done many times before.

Recall that for every $P^{\prime} \in \mathfrak{P}^{\prime}$, we have $\int\left|\psi_{P^{\prime}}\right| d m \leqslant C \delta^{-1} \ell\left(P^{\prime}\right)^{d}$. Hence, we can choose constants $b_{P^{\prime}} \in\left(0, C \delta^{-1}\right)$ so that $\left|\psi_{P^{\prime}}\right| m-$ $b_{P^{\prime}} \chi_{P^{\prime}} \mu$ is a balanced signed measure, i.e.,

$$
\int\left|\psi_{P^{\prime}}\right| d m=b_{P^{\prime}} \int \chi_{P^{\prime}} d \mu
$$

Let

$$
f=\sum_{P^{\prime} \in \mathfrak{P}^{\prime}} b_{P^{\prime}} \chi_{P^{\prime}} .
$$

Our goal is to first prove a pointwise estimate

$$
\begin{equation*}
\left|\widetilde{R}^{H}(|\psi| m)\right| \leqslant C \delta^{-1}+\left|\widetilde{R}^{H}(f \mu)\right|+\sum_{P^{\prime} \in \mathfrak{F}^{\prime}} \chi_{V\left(P^{\prime}\right)}\left|\widetilde{R}^{H}\left(b_{P^{\prime}} \chi_{P^{\prime}} \mu\right)\right| \tag{1}
\end{equation*}
$$

where for each $P^{\prime} \in \mathfrak{P}^{\prime}$, denote by $V\left(P^{\prime}\right)$ the set of all points $x \in \mathbb{R}^{d+1}$ such that $\operatorname{dist}\left(x, P^{\prime}\right) \leqslant \operatorname{dist}\left(x, P^{\prime \prime}\right)$ for all $P^{\prime \prime} \in \mathfrak{P}^{\prime}$.

This estimate of $\left|\widetilde{R}^{H}(|\psi| m)\right|$ above now gives

$$
\begin{aligned}
& \left\|\widetilde{R}^{H}(|\psi| m)\right\|_{L^{2}\left(\mu_{Q}\right)}^{2} \leqslant \\
& \quad \leqslant C\left[\delta^{-2} \mu(Q)+\|f\|_{L^{2}(\mu)}^{2}+\sum_{P^{\prime} \in \mathfrak{P}^{\prime}}\left\|b_{P^{\prime}} \chi_{P^{\prime}}\right\|_{L^{2}(\mu)}^{2}\right] \leqslant C \delta^{-2} \mu(Q),
\end{aligned}
$$

which we wanted. To get the pointwise estimate (1) we write for $x \in$ $V\left(P^{\prime}\right)$ :

$$
\begin{align*}
{\left[\widetilde{R}^{H}(|\psi| m-f \mu)\right](x) } & =\left[\widetilde{R}^{H}\left(\left|\psi_{P^{\prime}}\right| m\right)\right](x)-\left[\widetilde{R}^{H}\left(b_{P^{\prime}} \chi_{P^{\prime}} \mu\right)\right](x)  \tag{2}\\
& +\sum_{P^{\prime \prime} \in \mathfrak{P}^{\prime}, P^{\prime \prime} \neq P^{\prime}}\left[\widetilde{R}^{H}\left(\left|\psi_{P^{\prime \prime}}\right| m-b_{P^{\prime \prime}} \chi_{P^{\prime \prime}} \mu\right)\right](x) .
\end{align*}
$$

If $x \in V\left(P^{\prime}\right)$ and cells are Vitali disjoint, then $\operatorname{dist}\left(x, P^{\prime \prime}\right) \geqslant c \ell\left(P^{\prime \prime}\right)$ and so

$$
\begin{aligned}
& \left.\mid R^{H}\left(\left|\psi_{P^{\prime \prime}}\right| m-b_{P^{\prime \prime}} \chi_{P^{\prime \prime}} \mu\right)\right](x)\left|=\left|\int K^{H}(x-\cdot) d\left(\left|\psi_{P^{\prime \prime}}\right| m-b_{P^{\prime \prime}} \chi_{P^{\prime \prime}} \mu\right)\right|\right. \\
& \quad=\left|\int\left[K^{H}(x-\cdot)-K^{H}\left(x-z_{P^{\prime \prime}}\right)\right] d\left(\left|\psi_{P^{\prime \prime}}\right| m-b_{P^{\prime \prime}} \chi_{P^{\prime \prime}} \mu\right)\right| \\
& \quad \leqslant 2\left\|K^{H}(x-\cdot)-K^{H}\left(x-z_{P^{\prime \prime}}\right)\right\|_{L^{\infty}\left(P^{\prime \prime}\right)} \int\left|\psi_{P^{\prime \prime}}\right| d m \\
& \leqslant \\
& \leqslant \frac{C \ell\left(P^{\prime \prime}\right)}{\operatorname{dist}\left(x, P^{\prime \prime}\right)^{d+1}} \delta^{-1} \ell\left(P^{\prime \prime}\right)^{d} \leqslant C \delta^{-1}\left[\frac{\ell\left(P^{\prime \prime}\right)}{\ell\left(P^{\prime \prime}\right)+\operatorname{dist}\left(x, P^{\prime \prime}\right)}\right]^{d+1}
\end{aligned}
$$

and the same for $R^{H}\left(x^{*}-y\right)$. Hence all this huge sum in $(2)$ is $\leqslant$ $\delta^{-1} h(x) \leqslant C / \delta$ by the Marcinkiewicz choice of $\mathfrak{P}^{\prime}$, see Lecture 7 under the title "A collection of $P$ 's (inside $Q$ ) of non-BAUP layer $\mathfrak{P}_{k+1}$."

Note also that

$$
\left\|\widetilde{R}^{H}\left(\left|\psi_{P^{\prime}}\right| m\right)\right\|_{L^{\infty}} \leqslant C \delta^{-1}
$$

(this is just the trivial bound $C \ell\left(P^{\prime}\right)$ for the integral of the absolute value of the kernel over a set of diameter $12 \ell\left(P^{\prime}\right)$ multiplied by the bound $\frac{C}{\delta \ell\left(P^{\prime}\right)}$ for the maximum of $\left.\left|\psi_{P^{\prime}}\right|\right)$. Therefore,

$$
\left\|\widetilde{R}^{H}(|\psi| m)\right\|_{L^{2}\left(\mu_{Q}\right)}^{2} \leqslant C \delta^{-2} \mu(Q)
$$

is proved, and then we (non-trivially, but habitually) transfer this into

$$
\left\|\widetilde{R}^{H}(|\psi| m)\right\|_{L^{2}(\nu)}^{2} \leqslant C \delta^{-2} \mu(Q)
$$

by using (as we did several times before) Lemmas 1, 2 of Lecture 5 .
Qualitative step: smearing of the measure $\nu$ without the estimate of its density We replace the measure $\nu$ by a compactly supported measure $\widetilde{\nu}$ that has a bounded density with respect to the $(d+1)$-dimensional Lebesgue measure $m$ in $\mathbb{R}^{d+1}$. We use the notations from Lecture 7 under the title "Stage 2. The next measure modification. Reflection trick." We want just "thicken" the support of
measure $\nu$ to make it $(d+1)$-dimensional "thickening" of the actual $d$-dimensional support of $\nu$.

For every $\varkappa>0$, we will construct a measure $\widetilde{\nu}$ with the following properties:

- $\widetilde{\nu}$ is absolutely continuous and has bounded density with respect to $m$.
- $\operatorname{supp} \widetilde{\nu} \subset S$ and $\operatorname{dist}(\operatorname{supp} \widetilde{\nu}, L) \geqslant \Delta \ell(Q)$.
- $\widetilde{\nu}(S)=\nu(S) \leqslant \mu(Q)$.
- $\int \eta d \widetilde{\nu} \geqslant \int \eta d \nu-\varkappa$.
- $\int\left|\widetilde{R}^{H}(|\psi| m)\right|^{2} d \widetilde{\nu} \leqslant \int\left|\widetilde{R}^{H}(|\psi| m)\right|^{2} d \nu+\varkappa$.
- $\int\left|\widetilde{R}^{H} \widetilde{\nu}\right|^{2} d \widetilde{\nu} \leqslant \int\left|\widetilde{R}^{H} \nu\right|^{2} d \nu+\varkappa$.

Here is how $\widetilde{\nu}$ is constructed. It is important to note that this step will be purely qualitative. The boundedness of the density $\frac{d \tilde{\nu}}{d m}$ will be used to show the existence of a minimizer in a certain extremal problem and the continuity of the corresponding Riesz potential but the supremum bound of $\frac{d \hat{\nu}}{d m}$ itself will not enter any final estimates.

Fix some radial non-negative $C^{\infty}$-function $\varphi_{1}$ with $\operatorname{supp} \varphi_{1} \subset B(0,1)$ and $\int \varphi_{1} d m=1$. For $0<s \leqslant 1$, define

$$
\varphi_{s}(x)=s^{-d-1} \varphi_{1}\left(s^{-1} x\right)
$$

and

$$
\nu_{s}=\nu * \varphi_{s} .
$$

Clearly, all the supports of the measures $\nu_{s}$ are contained in some compact set and $\nu_{s}$ converge to $\nu$ weakly as $s \rightarrow 0+$. If $s$ is much less than $\Delta \ell(Q)$, we have $\operatorname{supp} \nu_{s} \subset S$ and $\operatorname{dist}\left(\operatorname{supp} \nu_{s}, L\right)>\Delta \ell(Q)$. Also, the total mass of $\nu_{s}$ is the same as the total mass of $\nu$ for all $s$.

Note that both $\eta$ and $\left|\widetilde{R}^{H}(|\psi| m)\right|^{2}$ are continuous functions in $S$, so the weak convergence is enough to establish the convergence of the corresponding integrals. What is less obvious is that the integrals $\int\left|\widetilde{R}^{H} \nu_{s}\right|^{2} d \nu_{s}$ also converge to the integral $\int\left|\widetilde{R}^{H} \nu\right|^{2} d \nu$ because formally it is a trilinear form in the measure argument with a singular kernel.

Note, however, that for every finite measure $\sigma$, we have $\widetilde{R}^{H} \sigma=$ $R^{H}\left(\sigma-\sigma^{*}\right)$ where $\sigma^{*}$ is the reflection of the measure $\sigma$ about the boundary hyperplane $L$ of $S$, i.e., $\sigma^{*}(E)=\sigma\left(E^{*}\right)$ where $E^{*}=\left\{x^{*}\right.$ : $x \in E\}$. Moreover, $R^{H}$ commutes with shifts and, since $\varphi_{s}$ is radial (all we really need is the symmetry about $H$ ), we have $\left(\nu * \varphi_{s}\right)^{*}=\nu^{*} * \varphi_{s}$.

Hence,
$\widetilde{R}^{H} \nu_{s}=R^{H}\left[\nu * \varphi_{s}-\nu^{*} * \varphi_{s}\right]=R^{H}\left[\left(\nu-\nu^{*}\right) * \varphi_{s}\right]=\left[R^{H}\left(\nu-\nu^{*}\right)\right] * \varphi_{s}$.

Lemma 1. Suppose that $f$ is a $C^{2}$ smooth compactly supported function on $L$. Then the functions $R_{\delta}^{H}\left(f m_{L}\right)$ converge to some limit $R^{H}\left(f m_{L}\right)$ uniformly on the entire space $\mathbb{R}^{d+1}$ as $\delta \rightarrow 0+$. Moreover, $R^{H}\left(f m_{L}\right)$ is a Lipschitz function in $\mathbb{R}^{d+1}$ harmonic outside $\operatorname{supp}\left(f m_{L}\right)$, and we have

$$
\sup \left|R^{H}\left(f m_{L}\right)\right| \leqslant C D^{2} \sup _{L}\left|\nabla_{H}^{2} f\right|
$$

and

$$
\left\|R^{H}\left(f m_{L}\right)\right\|_{\operatorname{Lip}} \leqslant C D \sup _{L}\left|\nabla_{H}^{2} f\right|
$$

where $D$ is the diameter of $\operatorname{supp}\left(f m_{L}\right)$ and $\nabla_{H}$ is the partial gradient involving only the derivatives in the directions parallel to $H$.

By this lemma, $R^{H}\left(\nu-\nu^{*}\right)$ is a bounded Lipschitz function, so the convergence $\left[R^{H}\left(\nu-\nu^{*}\right)\right] * \varphi_{s} \rightarrow R^{H}\left(\nu-\nu^{*}\right)$ as $s \rightarrow 0+$ is uniform on compact sets and so is the convergence $\left|\left[R^{H}\left(\nu-\nu^{*}\right)\right] * \varphi_{s}\right|^{2} \rightarrow$ $\left|R^{H}\left(\nu-\nu^{*}\right)\right|^{2}$. Thus, despite all the singularities in the kernel, $\left|\widetilde{R}^{H} \nu_{s}\right|^{2}$ converges to $\left|\widetilde{R}^{H} \nu\right|^{2}$ uniformly, which is enough to ensure that

$$
\int\left|\widetilde{R}^{H} \nu_{s}\right|^{2} d \nu_{s} \rightarrow \int\left|\widetilde{R}^{H} \nu\right|^{2} d \nu
$$

as $s \rightarrow 0+$. So, we can take $\widetilde{\nu}=\nu_{s}$ with sufficiently small $s>0$.
Now the crucial part of the proof comes. We are going to give the estimate from below of $\int\left|\widetilde{R}^{H} \nu\right|^{2} d \nu$.

Suppose $\left\|\widetilde{R}^{H} \nu\right\|_{L^{2}(\nu)}<\lambda \mu(Q)$ with tiny $\lambda$. Our goal is to bring this to contradiction (and to find how small is $\lambda$ that gives the contradiction).

If this inequality holds, then, choosing sufficiently small smearing parameter we get very small $\varkappa>0$ and we can ensure that the measure $\widetilde{\nu}$ constructed in the previous section, satisfies

$$
\int\left|\widetilde{R}^{H} \widetilde{\nu}\right|^{2} d \widetilde{\nu}<\lambda \mu(Q), \int \eta d \widetilde{\nu} \geqslant \theta \mu(Q), \int\left|\widetilde{R}^{H}(|\psi| m)\right|^{2} d \widetilde{\nu} \leqslant \Theta \mu(Q)
$$

where $\theta, \Theta>0$ are two quantities depending only on $\delta$ (plus, of course, the dimension $d$ and the goodness and AD-regularity constants of $\mu$ ).

Our aim is to show that if $\lambda=\lambda(\delta)>0$ is chosen small enough, then these three conditions are incompatible.

Then of course $\left\|\widetilde{R}^{H} \nu\right\|_{L^{2}(\nu)} \geqslant \lambda \mu(Q)$ with not-so-tiny $\lambda$, and almost orthogonality finishes the contradiction, as we have already shown in Lecture 7.

Extremal problem. For non-negative $a \in L^{\infty}(m)$, define $\widetilde{\nu}_{a}=a \widetilde{\nu}$ and consider the extremal problem

$$
\Xi(a)=\lambda \mu(Q)\|a\|_{L^{\infty}(m)}+\int\left|\widetilde{R}^{H} \widetilde{\nu}_{a}\right|^{2} d \widetilde{\nu}_{a} \rightarrow \min
$$

under the restriction $\int \eta d \widetilde{\nu}_{a} \geqslant \theta \mu(Q)$. Note that since $\widetilde{\nu}$ is absolutely continuous and has bounded density with respect to $m=m_{d+1}$, the measure $\widetilde{\nu}_{a}$ is well defined and has the same properties.

The first goal is to show that the minimum is attained and for every minimizer $a$, we have $\|a\|_{L^{\infty}(m)} \leqslant 2$ and

$$
\left|\widetilde{R}^{H} \widetilde{\nu}_{a}\right|^{2}+2\left(\widetilde{R}^{H}\right)^{*}\left[\left(\widetilde{R}^{H} \widetilde{\nu}_{a}\right) \widetilde{\nu}_{a}\right] \leqslant 6 \lambda \theta^{-1}
$$

everywhere in $S$.
This is done exactly as in Lecture 4. In fact, one should compare what follows very closely with the reasoning in Lecture 4.

Contradiction: why this smallness is impossible? Integrate the last inequality against $|\psi| d m$, where $\psi$ is the vector field constructed at the end of Lecture 7 and at the beginning of this Lecture. We then get

$$
\begin{aligned}
& \int\left|\widetilde{R}^{H} \widetilde{\nu}_{a}\right|^{2} \cdot|\psi| d m+2 \int\left[\left(\widetilde{R}^{H}\right)^{*}\left[\left(\widetilde{R}^{H} \widetilde{\nu}_{a}\right) \widetilde{\nu}_{a}\right]\right] \cdot|\psi| d m \\
& \leqslant 6 \lambda \theta^{-1} \int|\psi| d m \leqslant C \lambda \theta^{-1} \delta^{-1} \mu(Q)
\end{aligned}
$$

Rewrite the second integral on the left as

$$
\int\left\langle\widetilde{R}^{H} \widetilde{\nu}_{a}, \widetilde{R}^{H}(|\psi| m)\right\rangle d \widetilde{\nu}_{a}
$$

Then, by the Cauchy inequality,

$$
\begin{aligned}
\int\left[\left(\widetilde{R}^{H}\right)^{*}\left[\left(\widetilde{R}^{H} \widetilde{\nu}_{a}\right) \widetilde{\nu}_{a}\right]\right] \cdot|\psi| d m & \\
\qquad \leqslant\left[\int\left|\widetilde{R}^{H} \widetilde{\nu}_{a}\right|^{2} d \widetilde{\nu}_{a}\right]^{\frac{1}{2}} & {\left[\int\left|\widetilde{R}^{H}(|\psi| m)\right|^{2} d \widetilde{\nu}_{a}\right]^{\frac{1}{2}} } \\
& \leqslant \Xi(a)^{\frac{1}{2}}\left[\int\left|\widetilde{R}^{H}(|\psi| m)\right|^{2} d \widetilde{\nu}_{a}\right]^{\frac{1}{2}} .
\end{aligned}
$$

Recall that $\|a\|_{L^{\infty}(m)} \leqslant 2$, so we can replace $\widetilde{\nu}_{a}$ by $\widetilde{\nu}$ in the last integral losing at most a factor of 2 . Taking into account that

$$
\int\left|\widetilde{R}^{H}(|\psi| m)\right|^{2} d \widetilde{\nu} \leqslant \Theta \mu(Q)
$$

we get

$$
\left|\int\left[\left(\widetilde{R}^{H}\right)^{*}\left[\left(\widetilde{R}^{H} \widetilde{\nu}_{a}\right) \widetilde{\nu}_{a}\right]\right] \cdot\right| \psi|d m| \leqslant C[\lambda \Theta]^{\frac{1}{2}} \mu(Q)
$$

Thus,
$\int\left|\widetilde{R}^{H} \widetilde{\nu}_{a}\right| \cdot|\psi| d m \leqslant\left(\int\left|\widetilde{R}^{H} \widetilde{\nu}_{a}\right|^{2} \cdot|\psi| d m\right)^{1 / 2}\left(\int|\psi| d m\right)^{1 / 2} \leqslant C(\delta) \lambda^{1 / 4} \mu(Q)$.
In particular, (3) implies

$$
\begin{equation*}
\int\left\langle\widetilde{R}^{H} \widetilde{\nu}_{a}, \psi\right\rangle d m \leqslant C(\delta) \lambda^{\frac{1}{4}} \mu(Q) \tag{4}
\end{equation*}
$$

On the other hand,

$$
\begin{aligned}
& \int\left\langle\widetilde{R}^{H} \widetilde{\nu}_{a}, \psi\right\rangle d m=\int\left[\left(\widetilde{R}^{H}\right)^{*}(\psi m)\right] d \widetilde{\nu}_{a} \\
& =\int\left[\left(R^{H}\right)^{*}(\psi m)\right] d \widetilde{\nu}_{a}-\int\left[T^{*}(\psi m)\right] d \widetilde{\nu}_{a} \geqslant \int \eta d \widetilde{\nu}_{a}-\sigma(\varepsilon, \alpha) \widetilde{\nu}_{a}(S) .
\end{aligned}
$$

This yields
$\int\left[\left(\widetilde{R}^{H}\right)^{*}(\psi m)\right] d \widetilde{\nu}_{a} \geqslant \theta \mu(Q)-\sigma(\varepsilon, \alpha) \widetilde{\nu}_{a}(S) \geqslant[\theta-2 \sigma(\varepsilon, \alpha)] \mu(Q) \geqslant \frac{\theta}{2} \mu(Q)$,
if $\varepsilon$ and $\alpha$ are chosen small enough (in this order). Thus, if $\lambda$ has been chosen smaller than a certain constant depending on $\delta$ only, we get a contradiction between (4) and (5) (their left hand sides are identically equal).

The conclusion is that the estimate $\int\left|\widetilde{R}^{H} \nu\right|^{2} d \nu \geqslant \lambda \mu(Q)$ if $\lambda$ has been chosen smaller than a certain constant depending on $\delta$ only. Then in Lecture 7 we explained that such estimates from below will sum up to too big a number for $\int\left|R_{\mu} 1\right|^{2} d \mu$ because of the almost orthogonality of flat layers. And we explained in Lecture 7 that this leads to a contradiction.

We started our abyss to this contradiction by assuming that $\delta$-nonBAUP cells are not rare (do not form a Carleson sequence). See the beginning of Lecture 7. Henceforth, they have to be rare. But then David-Semmes main result of [DS] gives the rectifiability of $\mu$.

The proof of David-Semmes conjecture in co-dimension 1 is completely done.

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